

**PUPP'S**

195 Maple Ave.  
at Prince Charles Drive,  
Welland

**Busy canal**  
Canal traffic up over 2010  
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Report due 'any day now'  
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Students at Jericho House  
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Tax hike of 4.46% on table  
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Rates need  
**lowering?**

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# INPORT NEWS

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For news updated daily see [www.inportnews.ca](http://www.inportnews.ca)

**MUSEUM:** Santa at museum on Sunday

## Celebrate a grand old Christmas

EDDIE CHAU  
InPort News Staff

PORT COLBORNE — It's a celebration of Christmas of yesteryear.

This Sunday, the Port Colborne Historical and Marine Museum will be holding its annual Grand Old Christmas Festival.

From 12 to 4 p.m. the museum will be decked out in the holiday spirits as it celebrates the winter holiday with a historic

twist.

"It's a family tradition for many families," said assistant curator Michelle Mason. "Children who used to come now bring their own children."

The museum's heritage village will be bustling with activities as visitors can see live blacksmiths in action. Santa Claus will be on hand to greet visitors by the fireplace.

See CHRISTMAS | page 2



EDDIE CHAU Staff Photo  
Michelle Mason, assistant curator at the Port Colborne Historical and Marine Museum along with education programmer Tami Daoust get ready for the museum's annual Grand Old Christmas Festival by decorating a "Charlie Brown" tree as part of its holiday exhibit. The festival takes place Dec. 4.

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## ■ CHRISTMAS

# 'Santa will be by the fireplace'

## FROM PAGE 1

"Kids absolutely love Santa," Mason said. "Santa will be by the fireplace in the log cabin. It's a good atmosphere. There will be roasted chestnuts and of course the very popular Christmas pudding. It sold out last year in under 30 minutes."

The pudding will be

available to purchase at the museum. For those that like a dine-in experience, the dessert is available with tea at Arabella's Tea Room on Sunday and all of next week.

For the creative types candle dipping, print making and log sawing are all staples of the festival. Of course, Christmas music

will be performed courtesy of the McKay Public School choir and Port High quartette while visitors enjoy roasted chestnuts and hot apple cider.

Coinciding with the festival is the Christmas in the Country exhibit which highlights the holiday of yesteryear.

"Back then people

didn't buy toys they were handmade," Mason said. "Decorations were also handmade. They had parlor games and snowshoes. Things were simpler back then."

The exhibit will be on display until Dec. 20. For more information on the festival call 905-834-7604.

A day prior the Christmas

spirit will be celebrated throughout Port Colborne Saturday.

Santa Claus will arrive to the lakeside city down the canal on a tugboat at 1 p.m. Santa will be greeted by song courtesy of the McKay School choir who will be singing carols.

St. Nick will be posing for photographs with children

between 1:30 and 2:30 p.m. with shutterbug Precious LaPlante for a small fee.

After a short break Mr. Claus will resume his holiday duties during the Santa Claus Parade of Lights which kicks off at 6:30 p.m.

echau@wellandtribune.ca

Twitter: @EdChauTribune

## ■ SHIPPING: Welland Canal scheduled to close Dec. 30

# Canal traffic up slightly over 2010

DAVE JOHNSON  
InPort News Staff

**PORT COLBORNE**—Vessel traffic through the Welland Canal is up 3% compared to last year, reports St. Lawrence Seaway Management Corp.

Spokesman Andrew Bogora said total vessel transits through the canal at the end of October numbered 2,794. That includes lakers and saltwater vessels, commonly known as salties.

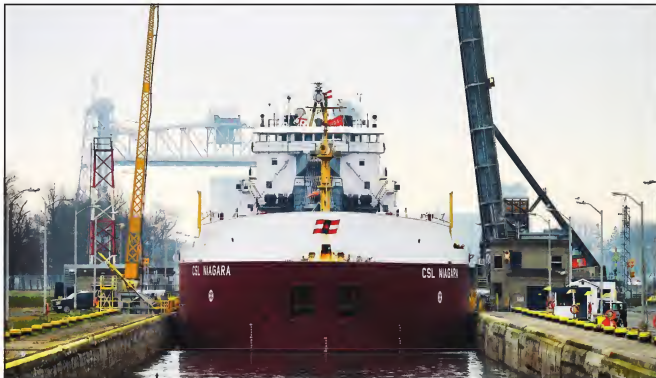
At the end of October, a total of 3,276 vessels transited through the St. Lawrence Seaway system which extends from Montreal to mid-Lake Erie. That's up from 3,040 during the same time period in 2010.

"We've seen an 11% increase in the number of lakers in system and a 25% decrease in the number of salties."

Bogora said the decrease in salties can be attributed to a couple of different factors. Whether the salties come into the seaway system is heavily influenced by cargo rates they can earn across the world, he said.

"Opportunities may be stronger in other jurisdictions and they're less inclined to come here. The cargoes available would certainly have a pronounced impact, as well."

Cargo carried by both lakers and salties through the Great Lakes and seaway system include grain, corn, iron ore, steel, coal, salt and



The CSL Niagara makes its way underneath Bridge 19A and into Lock 8, heading downbound in the Welland Canal on Thursday morning. Vessel traffic through the canal is up 3% to the end of October as compared to the same time last year, St. Lawrence Seaway Management Corp. said.

DAVE JOHNSON Staff Photo

liquid products, such as fuel.

Canadian grain, Bogora said, has been a pretty healthy market for lakers this year as has been iron ore.

"Grain was up 18% at the

end of October compared to last year. Another bright spot are bulk products, like salt for road use and liquid products, including fuel."

Bogora said the Welland

Canal will close to vessel traffic at midnight on Dec. 30, weather permitting.

That means any ships will have to be clear of either Port Colborne or St. Catharines at

that time. Any salties in the lakes or seaway system must be out before then as the locks at Montreal close as of midnight on Dec. 29.

If there is heavy ice in the

lakes, the seaway could be closed earlier, but that hasn't happened in recent memory, Bogora said.

djohnson@wellandtribune.ca

# portraits

■ **MARSHVILLE:** Village busy despite weather

## Wainfleet's past a Christmas present

MARYANNE FIRTH  
InPort News Staff

**WAINFLEET** — Visitors to Marshville Heritage Village experienced a heaping helping of Christmas past Sunday during the annual Christmas in the Village event.

Despite the rainy weather, a steady stream of people made their way to the heart of the township to experience holiday traditions of long ago.

The smell of hot apple cider and soup cooking over an open fire filled the air, and children could be heard laughing as they learned how to work wooden toys offered up in Father Christmas' workshop.

Four-year-old Julia Drobits was eager to take a bite out of the gingerbread man she so gingerly decorated in the century store.

But she held off, instead looking over the antique toys displayed in the weavary with her father Dave.

"We come out every year," Dave Drobits said of the event, adding it makes him feel like part of the Wainfleet community.

He said he enjoys sharing the historic aspect of the day with his daughter, whose favourite part still seemed to be the tasty goodies.

Though they have attended Marshville Heritage Festival in the summer, this year's Christmas in the Village was a first for Tanya Amadio and family. They spent the afternoon going from building to building and taking in the sights and sounds.

"I love it," Amadio said of the event, impressed the entire afternoon came at no cost.

"It's great to be able to show the kids how Christmas was celebrated. It's good for them to learn about the past."

Along with decorating the cookies, visitors had the chance to create Christmas ornaments, enjoy hot kettle



MARYANNE FIRTH Staff Photo

Carol and Owen Wohlschlagel created a display of their antique toys for visitors to browse during the Christmas in the Village event.

corn and other goodies, and listen to Christmas carols performed by the Peace River Band.

"It's a hands-on event for the whole family," Marshville Heritage Society member Margaret Robertson said.

Christmas in the Village has been happening for more than 15 years, she said, and has only gained in popularity with families returning again and again.

"It's about going back to your roots and celebrating Christmas in an old-fashioned way."

"People didn't have a lot.

Twitter: @mfirthtribune



MARYANNE FIRTH Staff Photo

Linnea Amadio and brother Matteo decorate gingerbread cookies during Christmas in the Village in Wainfleet.



MARYANNE FIRTH Staff Photo

Tara Van Zeven and children Byron and Cheyenne collect some fresh kettle corn to try while walking around at Christmas in the Village.

# INPort NEWS

Published by InPort News  
Sun Media Corp.

228 East Main Street, Welland, Ontario, L3B 5P5  
Tel: 905-732-2414 Fax: 905-732-3660

inport@wellandtribune.ca

Ken Koyama, publisher, general manager  
Dave Johnson, InPort News senior reporter

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## ourview

# Take care, be aware

In light of a tragic crash at the beginning of November, Wainfleet will be looking for signage to alert people of active farm areas in Wainfleet.

Ald. Richard Dykstra raised the issue at a recent council meeting, saying people should be aware of farming areas throughout the township.

The incident that sparked the concern was when a 38-year-old Selkirk, Ont., woman died after her car collided with the rear end of a combine on Forks Rd.

While Forks Rd. is posted 80 km/h, most people routinely travel in excess of the posted limit and that can compound problems. Even traveling at the speed limit, drivers will find themselves coming up on slow moving farm vehicles very quickly.

When the crash took place, many farmers across the township were out in the fields bringing in the harvest while the weather was good.

Large farm vehicles, like combines, do not travel very fast and are very large, often filling the lane they are in completely.

At times those farm vehicles can be hauling trailers full of crops, making them longer.

Most Wainfleet residents are aware of tractors, combines and other farm vehicles that travel the municipal and regional roads in the township.

People passing through may not be aware of the vehicles, and so Dykstra's request, which came as a result of a resident raising a concern, is especially important on the regional roads, where speeds are higher.

In addition to Forks Rd., other roads that could be a concern include Regional Rds. 24 and 27. Hwy. 3 could also be a concern, but that road is controlled by the province and while the township will make a request of the region for signs on the roads, we believe it should also make the same request of the province.

It would be a smart request, especially if it could prevent another tragedy.

# Santa comes to town

Santa Claus will make a couple of stops in Wainfleet and Port Colborne this weekend.

He'll be in Wainfleet in the arena's Moore Room on Saturday for breakfast with the Wainfleet Ratepayers Association.

He'll then come to Port Colborne and arrive on West Street by tugboat before taking part in the Santa Claus Parade later that evening. On Sunday, Santa will be at the Port Colborne Historical and Maritime Museum's Grand Old Christmas Festival for one more stop.

Residents looking to take their children out to meet him will have plenty of opportunity. And we encourage people to get out and visit all of the places and events Santa will be at.

## I'VE BEEN THINKING

REV. STEVEN DAVID  
Central United Church

Another year has gone by and once again we're just a few weeks away from Christmas. The signs are all around us. Christmas music and decorations in the malls, and we actually put our Christmas tree up much earlier than usual because our daughter wanted to. That was a good enough reason.

There's one other sign of the season that I've come to expect - once again we're hearing the plea to "Keep Christ in Christmas." Maybe it's time to let that go.

Of course I understand the sentiment. Christ is central to my life and to my faith. Without Christ, my faith would be nothing and Christmas would be nothing, but I still think we need to move on. The reality of our world is that there are two separate and distinct Christmas celebrations. There's the Christian Christmas which celebrates as it should the birth of Jesus, who came to us as God in the flesh, who throughout his life revealed God's ways and God's will to us, and who ultimately lived and died and was resurrected for the world - part of the ministry of reconciliation he undertook, as throughout his life (from the manger to the cross to the empty tomb) "God was in Christ, reconciling the world to himself."

As Christians, we celebrate this amazing display of divine love for us all, and we proclaim the love of God revealed by Christ, and we invite others to share in our

## readers' views

# The wind industry, McGuinty's government, and unshamed duplicity

I find it interesting to see the prime spokesperson for the Niagara Region Wind Corp. (a private for-profit company with no connection to Niagara Region government) now being reported as the credible spokesperson for an apparently totally different wind energy company promoting off-shore industrial wind turbines in Lake Ontario with the threat that if they are not permitted to go ahead, against a recent provincial government memorandum stopping any further off-shore industrial wind turbine projects until independent enquiries are completed to prove they are environmentally safe, then somehow our communities will suffice. It appears no media outlet exists to even question these wild claims and I have to wonder if newspaper editors no longer

celebration of it. That's what Christmas is all about from a Christian perspective. That's what we Christians celebrate; that's what we should never forget.

But whether we like it or not, there's another Christmas. There's the secular Christmas. The secular Christmas doesn't revolve around Christ. It revolves around the image of Santa Claus and is marked by an orgy of consumer spending and gift-giving. And - in all honesty - it's fun if sometimes the world gets a bit silly with "Happy Holidays" rather than "Merry Christmas." I don't really care. I'll happily say "Merry Christmas" and leave it to others to decide what sort of greeting they want to offer. I'm not sure I get the angst felt by so many Christians about whether Wal-Mart greeters say "Merry Christmas" or whether a school has a "Winter celebration" rather than a Christmas pageant.

It really isn't the job of the world to keep Christ in Christmas, you know. That's the church's job. That's our job as Christians. The whole "Keep Christ in Christmas" movement seems to me to be based largely on nostalgia for bygone days when Christian faith was the centre of everything. Those days are over. The church and the faith are increasingly on the periphery of society. Rather than lamenting the loss of past glory, as Christians we need to see the present - even with all its challenges - and figure out how to move forward. The wistful lament "Keep Christ in Christmas" really doesn't do that.

question their own news?

I pressed by the wind industry the provincial government and interested parties such as CANWEA have continued to promote industrial wind turbines as safe, with no proof existing that they cause negative health effects on communities living in close proximity. Now after years of this misinformation, and only very recently, CANWEA have publicly admitted that industrial wind turbines do cause negative health effects to communities impacted by them.

2. McGuinty's government has also claimed for years that there have been few, if any, complaints about such negative effects from communities living close to these machines.

Documents only recently released by the Ministry of Environment and other government agencies now show that they have received hundreds of complaints from those living in close proximity to wind turbines exhibiting negative health issues only appearing since the industrial wind turbines

So - I have a challenge for Christians. To give credit where credit is due I actually saw this on one of those wall photos that are become so popular on Facebook. It was good advice. It suggested that rather than worry about keeping Christ in Christmas, we actually seek to be Christ this Christmas. That is our faith, after all - as Christians, we are "little Christs," given both the privilege and responsibility of representing Christ to the world.

Lamenting whether there's enough emphasis on Jesus at Christmas doesn't strike me as a particularly effective way of doing that. To be honest, I doubt that Jesus is particularly concerned with how or even whether we mark his birth. I think he's much more interested in how we live and in how we love.

So - don't worry about keeping Christ in Christmas. Strive to be Christ for Christmas. Find a place in the community to volunteer, find a neighbor who has a need you can meet, find a charity you can offer some support to. Spend time with someone who's lonely.

Care for and support the poor and the outcast and the oppressed. This was the life of Jesus, after all, who told us that the greatest commandments were to love God and to love our neighbours. At the very least, go to church - not just on Christmas Eve, but regularly, to be inspired to live this life of love God calls us to.

Be Christ this Christmas - and have a merry one. God bless.

begin turning close by.

3. And McGuinty's new energy minister has recently announced that the provincial government would be reducing the ridiculously outrageous tax subsidies paid to both wind and energy companies under the taxpayer funded FIT program. He claims that it is because the FIT programme is too successful! Too successful! Implies that too many individuals and companies are profiting from these subsidies and Ontario, or at least the Ontario taxpayers, can no longer afford them. Many Ontario companies have had to close, decimating their green energy industries in the process.

The green alternative energy industries only survive by being bankrolled by you the taxpayer. They are not economically viable, nor, at this time, have these industries shown a scrap of credible proof that they ever can be.

Andrew Watts  
Wainfleet

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## ■ COLUMN

# Man behind Peggy's Little Harbour visits Port library

LINDSAY COSTELLO  
For InPort News

Use your imagination as you delve into a unique cartoon world.

Darren Cranford is the man behind Peggy's Little Harbour, a book for the iPad that tells the story of a Newfoundland girl and her friends as they learn and explore the world around them.

Cranford, who is the president of Keyframe Digital Productions Inc. in Niagara-on-the-Lake, visited the Port Colborne Public Library last Wednesday to introduce young students to the world of animation by showcasing his

latest project.

Fledding questions from the more than 100 elementary students in attendance, Cranford explained the process in which his book was developed and the ways the technology enhances the story.

The hour-long presentation also explored Keyframe's role in the visual effects and animation industry.

Having grown up on Canada's east coast, Cranford decided to set Peggy's Little Harbour in his native province of Newfoundland.

In his story, seven-year-old Peggy uses Celtic music to summon her animal friends, who join her on her quest for

knowledge.

"Peggy's a little girl who listens," he said, adding the book's title character teaches children to be inquisitive about the world around them.

Having co-founded Keyframe Digital Productions 14 years ago, Cranford has worked on movies, television shows and video games for all ages. He is now looking to share his first book with a younger crowd.

"Children are the best audience," said Cranford of the reason he chose to visit libraries in the region to display the book.

See B00K | page 6



## CITY OF PORT COLBORNE NOTICE TO CITIZENS 2012 BUDGET DELIBERATIONS

Notice is hereby given that the Council of The Corporation of the City of Port Colborne is commencing its 2012 Budget deliberations.

Council will hold a special meeting to discuss the 2012 Budget on Monday, December 5th, 2011, commencing at 5:30 p.m. in the Council Chambers, third floor, City Hall, 66 Charlotte Street, Port Colborne. Members of the public are invited to attend. The 2012 Draft Budget is available on the City's website, [www.portcolborne.ca](http://www.portcolborne.ca).

Dates of subsequent budget meetings are forthcoming and will be advertised on the City's website.

Ashley Grigg  
City Clerk

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Sandy White



## ■ BOOK

# Electronic book works with iPad

FROM PAGE 5

"We want to make sure we're on the right course as far as entertaining children."

He said that children expect more with regard to modern-day technology and want to be involved in the learning process and appreciate the entertainment value.

"It's a more immersive technology," he said, adding the interactive features set the book apart.

Because the electronic book works with the iPad, the reader can tilt the device to view the scenes from different perspectives and can touch the screen to have words read to them.

The application gives readers the option of reading themselves or being read to.

Peggy's Little Harbour, an easy read, he said the

lessons imparted through the characters actions are beneficial for children of all ages and there are morals to be learned from reading the book.

Although the project was a challenge to create, it is a fun and educational way to read.

Cranford said he has experienced positive feedback thus far due to the book's interactivity and has plans to expand.

A second book is to be released this month with a third story still in the early stages of production. Paperback versions will also be made available in the near future.

A thirteen-episode television cartoon has also been created and will be pitched to networks.

For more information on Peggy's Little Harbour, visit [www.peggyslittleharbour.com](http://www.peggyslittleharbour.com).



LINDSAY COSTELLO InPort News Photo  
Darren Cranford, co-founder and president of Keyframe Digital Productions Inc. in Niagara-on-the-Lake, is the face behind iPad book Peggy's Little Harbour. Cranford visited the Port Colborne Library last week to showcase the book to a student audience.

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■ **VALE:** Consultant has to present report

# Contamination report expected 'any day now'

EDDIE CHAU  
InPort News Staff

PORT COLBORNE — Another extension might be needed in order for the public to comment on the community-based risk assessment of contaminated lands on Port Colborne's east side.

Dan Aquilina, the city's planning and development director, said he "expects any day now" for information to arrive from Waters Environmental Group in relation to the CBRA process conducted on

historic land contamination linked to the Vale nickel refinery.

The public has until Friday to comment on the material upon review. However, the deadline may be extended because the City of Port Colborne and the Ministry of the Environment have not received a report from Waters Environmental Group president Robert Waters along with laboratory reports outlining contamination in soil levels.

"We are waiting on the verification of the lab reports," Aquilina said. "The public is given one month

to comment once the information is received then it is submitted (to the MOE). Without all the information the public cannot comment."

Waters Environmental Group is the consulting group hired by the city to conduct the quality assurance and quality control report of the contaminated soil.

Resident Diana Wiggins had requested the extension to comment. Heavily involved in the CBRA process, Wiggins said it has been frustrating to residents who had volunteered their time towards the pro-

cess to not receive the information.

Wiggins said the CBRA work had determined the quality level of soil. She had hoped to receive Waters Environmental Group's report to compare results before commenting on the MOE report.

"We need both analysis comparisons in order to write a report," Wiggins said. "It's a key component for us."

Wiggins said there have been many delays since 2003 to get the lab report from the consultants. Wiggins doesn't understand why it has been so "long and drawn out."

Last year, the city's public liaison committee (PLC) released a draft CBRA report on contaminated soil in Port Colborne. The report chronicled 10 years worth of investigation.

The PLC was formed after a study released by the MOE identified negative effects of chemicals — nickel, copper, arsenic and cobalt — released from the former Inco plant's smokestacks when it operated between 1918 and 1984. The MOE report called for Vale to remediate the affected properties

**"The public is given one month to comment once the information is received then it is submitted (to the MOE). Without all the information the public cannot comment."**

Dan Aquilina  
City of Port Colborne planning and development director

on Rodney St.

Remediation is the second phase of the project, said Harry Wells, who chaired the PLC. The first phase is for the comment of the consultant's report.

"The city is obligated to get the information for the public," Wells said. "The city should be asking for the extension, not the public."

echau@wellandtribune.ca

Twitter: @EdChauTribune

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## ■ UNWRAPPED TOYS FOR YOUTH



EDDIE CHAU Staff Photo

Jamal Mills-Alexander and Sara Dekker of Double T Fashion are helping out Santa's Helpers by collecting a mountain of new unwrapped toys for youth. Double T Fashion will be collecting goods until Dec. 17.

## CLASSIFIEDS



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## Dry Skin

At this time of year patients are starting to complain about dry skin. Dry skin management often involves some trial and error of different products, but there are some general rules everyone can follow to help manage symptoms.

Dry skin occurs when oils in the skin are lost and water that is normally in the skin is able to escape. When bathing or showering it is important to use lukewarm water as opposed to hot water. Hot water can cause more oil to be lost from the skin and cause itching and dryness. Soap should be used only for groin, underarms, and feet. Other moisturizing body washes can be used for the rest of the body. After showering or bathing apply a moisturizer to help retain some of the moisture from the shower.

There are many different types of moisturizers. Depending on the ingredients they have separate functions. Some ingredients can hydrate and soften the skin. Others provide a barrier to prevent water loss, and others help to draw water to the top layer of the skin. Depending on what combination of ingredients are used there are four classes of moisturizers. There are ointments, oils, creams, and lotions.

Examples of ointment moisturizers include Aquaphor, and Vaseline. These moisturizers can be greasy and only a small amount is needed. They would be useful for someone with very dry hands. They can be applied at night under cotton gloves.

An example of an oil moisturizer would be baby oil. Again, only a small amount is needed. It is not a good idea to add these to the bath because they can make the tub very slippery. As well they can cause yeast infections when added to bath water.

An example of a cream moisturizer would be Cetaphil moisturizing cream. Cream moisturizers are generally less greasy, and very gentle for sensitive skin. Cetaphil specializes in products that won't cause acne and are safe for people with allergies.

Lotions are the least greasy; however, they sometimes contain alcohol and can be drying. An example would be Nivea body lotion. Read the label on the back of the lotion. You may want to avoid those that contain alcohol.

In general, most moisturizers need to be applied several times throughout the day.

Our cold dry climate leads to many complaints about dry skin. Luckily, there are many products on the market that can help even the worst sufferers. If you are not sure about what is right for you, you may need to ask for some professional advice.

## Two Locations:

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## ■ REGION COUNCILLOR'S YEAR IN REVIEW

# Achievements and opportunities

Dec. 1 marked one full year of this term of Niagara Region council and I'd like to take this opportunity to both reflect on some of the achievements that have taken place in such a short period of time as well as look forward to the challenges/opportunities we will be facing moving forward.

You will see that many of the 2011 achievements are a result of a greater respect for taxpayers dollars and their ability to pay.

A theme that I have brought forward in no uncertain terms will continue to do so on your behalf.

### 2011 ACHIEVEMENTS:

Instituted a hiring freeze; maintained a wage freeze; 2011 tax decrease of 1.37%; starting and completing the annual budget earlier (to give it the time and attention to detail the public expects) as

well as hosting public engagement sessions; region is forecasting a funding surplus of \$8.3 million for 2011; Port Colborne ratepayers have, for too long, been overcharged for their water/wastewater services.

This term of Council has recognized that and returned approximately \$300,000 to Port Colborne (we will also reconcile any future overpayments) and successfully transitioned to new waste management program decreasing the cost of service for Port Colborne residents by 8% and increasing diversion (from our landfills) from 42% to 47% in the first year alone.

See BARRICK | page 11



David Barrick

## of the month RECIPE DECEMBER INGREDIENTS

### Our Port Country Pantry's Mexican Spiced Chocolate Chip Cookies

Preheat oven to 350F (180C). Lightly grease a loaf pan or spray with nondisk coating.

1. Melt 1 cup chocolate chips in a heat-proof bowl over simmering water or (microwave on low setting, 30 to 40 power for 1 minute to 1 minute 30 seconds. Cool to room temperature.

2. Beat butter with granulated & brown sugar until fluffy. Beat in eggs. (3 at a time. Stir coffee with vanilla; beat into butter mixture. Blend in melted chocolate. In a separate bowl, stir flour with cinnamon, baking soda, salt & cayenne pepper. Add to butter mixture, mix or low just until combined. Stir in remaining chocolate chips.

Drop dough by the spoonful, 1 inch apart, onto baking sheets lined with Parchment paper. Bake for 10 minutes or until still soft. Cool for 5 minutes; transfer to a wire rack to cool completely. Makes 36 to 48 cookies.

### GIVE A GIFT CERTIFICATE FOR CHRISTMAS

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\*Most dry ingredients are available in store.

- 1 1/2 cups Chocolate Chips
- 1 cup salted butter or margarine
- 1 cup Granulated Sugar
- 1 cup lightly packed Brown Sugar
- 2 large eggs
- 1 tsp on Instant (regular or decaf) coffee
- 3 cups All-Purpose Flour
- 2 tsp Ground Cinnamon
- 1 tsp Baking Soda
- 1/4 regular salt or Sea Salt
- 1/4 tsp cayenne

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■ BARRICK

# 2012 challenge: should we reduce number of councillors?

FROM PAGE 10

Council also created an economic development transition plan, launched Niagara Regional Inter-Municipal Transit three year pilot project; launched Niagara's Mobile Dental clinic (that will travel to schools and community agencies providing children and youth with free preventive dental services); created a "Responsive Region Improvement Team" with a mandate to work with the

region's audit committee to seek out operational efficiencies and cost-savings for taxpayers; Niagara achieved the designation as a Cultural Capital of Canada for 2012

## CHALLENGES/ OPPORTUNITIES MOVING FORWARD:

Finalizing the 2012 budget; consolidating Provincial Offices Courts (from four facilities to two or one facility); implementing the

economic development transition plan; ensuring tangible results form the responsive region improvement team; water/wastewater study that will look at the cost-savings that would be available by combining regional and local municipal responsibilities into a utility model and/or single service provider; governance review (e.g. should we directly-elect the regional chair? Should we reduce the number of councillors and/or change

their role to serve on local councils as well, etc.); finalizing and implementing the 2012-15 Council business plan (which I will discuss further in my next article).

Thank you, once again, for allowing me to be your representative at the region. As you can see, together we are making tangible and positive changes.

As the holiday season approaches I'd like to say, from my family to yours, Merry Christmas and Happy New Year.

## ■ SELF-TAUGHT: Artist learned to paint on his own

### 3D artworks just rocking

InPort News Staff

PORT COLBORNE — Have you ever seen a painting of northern Ontario and wish it popped a bit more?

Esa Nieminen paints northern Ontario landscapes and literally fuses rock to canvases or other mediums like wood and paints to create a three-dimensional look to his acrylic landscapes.

"I thought it's a rocky area, so I got the idea to put real rocks on the painting myself!" I always used texture in my work so I thought (it would be a good idea)," he said.

He also does abstract work

and modern pieces.

His work is on display in the Port Colborne Public Library and will be up until Jan. 15. People who are interested can participate in a silent auction to purchase the scenic pieces. Prices are listed beside the paintings and bids can be no lower than 50% of the listed price. "It's something new I am trying," he said.

Nieminen was born and raised in Finland where he spent lots of time fishing and hunting in wilderness that looks much like that of northern Ontario.

See ARTIST | page 12



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# Teaches painting

## FROM PAGE 11

When he was 15 he spent more than a year with the merchant marine and travelled over the world, with stops in Europe, South America and Saudi Arabia.

In 1966 he and his family moved to Toronto, then up north. He now lives in Port Colborne where he holds exhibitions and teaches painting classes in his Stanley Studio.

He has written four books about his self-taught painting techniques

and travelled North America to teach art classes, clubs and chapters. "I got to teach the way I paint because I had to figure it out for myself," he said.

He has exhibited his work across North America, from

Vancouver to Las Vegas, and has made his way into corporate collections worldwide.

"You try to create an image from your mental picture of a subject and the challenge is, when you create it the way you

like it doesn't often turn out the way you want it," he said. "The finished product is a bit of a surprise."

To contact Nieminen for classes or purchases visit [www.esarockstudio.ca/index.html](http://www.esarockstudio.ca/index.html).

Ontario Energy Board

Commission de l'énergie de l'Ontario

## NOTICE OF APPLICATION AND HEARING

### 2012-2014 DEMAND SIDE MANAGEMENT PLAN

### ENBRIDGE GAS DISTRIBUTION INC.



Ontario

EB-2011-0295

Enbridge Gas Distribution Inc. ("Enbridge") has applied to the Ontario Energy Board (the "Board") seeking approval of its 2012-2014 Demand Side Management ("DSM") plan. The application was filed on November 4, 2011, under section 36 of the *Ontario Energy Board Act, 1998*, S.O. 1998, c.15 (Schedule 5).

The Board has assigned file number EB-2011-0295 to this application.

The application has been filed pursuant to the Board's DSM Guidelines that were issued on June 30, 2011. Enbridge is seeking approval for a 2012 DSM budget of \$30.91 million.

#### How to see Enbridge Gas Distribution Inc.'s Application

To see a copy of the application, go to the Consumer page of the Board's website and enter the case number EB-2011-0295 in the "Find an Application" box. Copies of the application are available for inspection at the Board's office in Toronto and at Enbridge's office and on its website, [www.enbridgegas.com/ratecase](http://www.enbridgegas.com/ratecase).

#### Written Hearing

The Board intends to proceed with this matter by way of a written hearing unless a party satisfies the Board that there is a good reason for not holding a written hearing. If you object to the Board holding a written hearing in this matter, you must provide written reasons why an oral hearing is necessary. Any submissions objecting to a written hearing must be received by the Board and copied to the applicant within 10 days of the publication date of this notice.

#### How to Participate

You may participate in this proceeding by requesting either intervenor or observer status, or by submitting a letter of comment:

1. **Intervenor** participants actively in the proceeding (i.e., submit written questions, evidence, and arguments, and cross-examine witnesses at an oral hearing). You may request intervenor status by sending a letter of intervention to the Board and copying Enbridge no later than 10 days from the publication or service date of this notice. The letter of intervention must include:

- A description of how you are, or may be, affected by the outcome of this proceeding;
- If you represent a group, a description of the group and its membership; and
- Whether you intend to seek an award of costs and the grounds for your cost award eligibility.

2. **Observers** do not participate actively in the proceeding but receive documents issued by the Board in the proceeding. There is no fee for observers to receive documents issued by the Board. You may request observer status by sending a request to the Board no later than 10 days from the publication or service date of this notice.

3. **Letters of Comment** are to be sent to the Board no later than 30 days from the publication or service date of this notice. All letters of comment will be placed on the public record, subject to the privacy terms for personal information stated below.

This means that the letters will be available for viewing at the Board's offices and will be placed on the Board's website.

#### YOUR PERSONAL INFORMATION IS TREATED DIFFERENTLY DEPENDING ON HOW YOU WOULD PARTICIPATE IN THE HEARING:

- Intervenor** - everything you file with the Board, including your name and contact information, will be placed on the public record (i.e., the public file and the Board's website).
- Observers or comment or observers** - the Board removes any personal (i.e., not business) contact information from the letter of comment or the request for observer status (i.e., address, fax number, phone number, and e-mail address of the individual), however, your name and the content of the letter of comment or of the request for observer status will become part of the public record.

#### Filing Information for Intervenor

If you already have a user ID, please submit your intervention request through the Board's web portal at <https://www.ern.ontarioenergyboard.ca>. Additionally, two paper copies must be submitted to the address set out below.

If you do not have a user ID, visit the Board's website under e-Filing Services and complete a user ID/password request form. For instructions on how to submit documents and naming conventions please refer to the RESS Document Guidelines found at [http://www.ontarioenergyboard.ca/OEB/Industry\\_e-Filing\\_Services](http://www.ontarioenergyboard.ca/OEB/Industry_e-Filing_Services).

The Board also accepts interventions by e-mail, at the address below. Additionally, two paper copies must be submitted to the address set out below. Those who do not have internet access are required to submit their intervention request on a CD in PDF format, along with two paper copies.

#### Need more information?

For more information on how to participate please click on "Get Involved" under the "OEB and You" menu on the Consumer page of the Board's website, or call the Board at 1-888-632-6273 (toll-free).

#### How to Contact the Board or Enbridge Gas Distribution Inc.

Please reference Board file number EB-2011-0295 in the subject line of your e-mail or at the top of your letter. It is also important that you provide your name, postal address and telephone number and, if available, an e-mail address and fax number. All communications should be directed to the attention of the Board Secretary at the address below, and be received no later than 4:45 p.m. on the required date.

#### ADDRESSES

##### The Board:

**Ontario Energy Board**  
P.O. Box 2319  
27th Floor  
2300 Yonge Street  
Toronto, ON M4P 1E4  
Attention: Board Secretary  
Filings:  
<https://www.ern.ontarioenergyboard.ca>  
E-mail:  
[boardsec@ontarioenergyboard.ca](mailto:boardsec@ontarioenergyboard.ca)  
Tel: 1-888-632-6273 (Toll-free)  
Fax: 416-440-7656

##### The Applicant:

**Enbridge Gas Distribution Inc.**  
500 Consumers Road  
Toronto, ON M2J 1P8  
Attention: Mr. Norm Ryckman  
E-mail:  
[EGDRegulatoryProceedings@enbridge.com](mailto:EGDRegulatoryProceedings@enbridge.com)  
Tel: 416-495-5499  
Fax: 416-495-8072

##### Counsel for the Applicant:

Mr. Dennis M. O'Leary  
Aird & Berlis LLP  
Barristers and Solicitors  
Brookfield Place, Box 754  
Suite 1800, 181 Bay Street  
Toronto, ON M4J 2T9  
E-mail: [doleary@airberlis.com](mailto:doleary@airberlis.com)  
Tel: 416-865-4711  
Fax: 416-863-1515

#### IMPORTANT

IF YOU DO NOT FILE A WRITTEN SUBMISSION OBJECTING TO A WRITTEN HEARING OR DO NOT PARTICIPATE IN THE HEARING BY FILING WRITTEN SUBMISSIONS IN ACCORDANCE WITH THIS NOTICE, THE BOARD MAY PROCEED WITHOUT YOUR PARTICIPATION AND YOU WILL NOT BE ENTITLED TO FURTHER NOTICE IN THIS PROCEEDING.

DATED at Toronto,  
November 16, 2011

**ONTARIO ENERGY BOARD**  
Original Signed By

Kirsten Walli  
Board Secretary



# Christmas in Port



THE TRIBUNE

# EVENTS CALENDAR

## DECEMBER 2

### *The Roselawn Centre presents Food and Wine at Roselawn*

A spectacular five-course gourmet meal in the Roselawn Dining room featuring Pondview Estate Winery. \$85.00 per person. 6:30pm. For more information call the Roselawn Box office at 905-834-7572

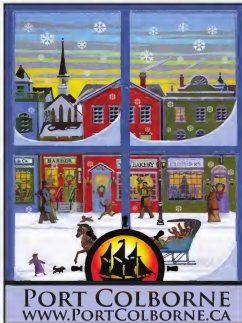
## DECEMBER 3:

### *The Port Colborne Lioness present "Breakfast with Santa"*

Seatings at 9 am and 10:30 am for a pancake breakfast, including coffee or juice and a visit with Santa at the Lion's Hall. Tickets are \$6 and may be purchased at Tuck's Jewelers or from a Lioness.

### *Santa Arrives Downtown by Tugboat at 1pm*

Experience a tradition unique to our city as Santa arrives in Port Colborne - on the deck of a tugboat in the Welland Canal. Greet Santa along with the McKay School Choir on West Street at the Harbourmaster House and follow Mr. Claus and his bag piper in a parade to Rossman's Store on Clarence Street. Inside the store, children can participate in a craft while they wait their turn to sit upon Santa's knee and share their Christmas wishes. Have your child's picture taken with Santa from 1:30 - 2:30 pm by photographer Precious LaPlante for



\$5. Children will also receive goodie bags, hot chocolate and festive treats to celebrate the day courtesy of the Downtown BIA Association.

### *Port Colborne's Annual Lighted Santa Claus Parade*

Saturday December 3, 2011 beginning at 6:30 pm from Port Colborne High School and travelling south on Steele Street to Clarence Street where it will move east on Clarence Street to West Street. Making its way south on West Street to Charlotte Street, the parade will then travel west on Charlotte Street to end at the Market Square, in front of City Hall. Children are then welcome to visit with Santa in the Guild Hall and enjoy hot chocolate and timbits. Port Colborne Optimist Club will be collecting non-perishable food donations along the route for the Food Bank.

## DECEMBER 4:

### *Grand Old Christmas Festival*

Noon to 4 pm at the Port Colborne Historical and Marine Museum. Enjoy Christmas music, hot apple cider and roasted chestnuts as the children have their photo taken with Santa. Experience a true traditional treat - visit Arabella's Tea Room for a hot cup of tea and Christmas pudding. For more information call 905-834-7604

## DECEMBER 6 - 11:

### *Pudding and Sauce Week at Arabella's Tea Room*

Arabella's Tea Room serves Christmas pudding and sauce all week. Located at the Port Colborne Historical and Marine Museum. For more information call 905-834-7604

## DECEMBER 26:

### *Boxing Week Sales Begin*

Downtown Port Colborne - Individual shop hours and days of operation may vary

## DECEMBER 31:

### *CASCO & Friends Kidz New Year's Eve Carnival*

Ring in the New Year with free skating, face painting, cookie decorating, games, a shoot out competition, Casco's "Fructose Stand" and a Mad Scientist show. From 2:00 p.m. until 6:00 p.m. at Westside Arena. Join us for a fireworks display in the field beside the Westside Arena at 6:00 p.m. For more information, visit us at [www.portcolborne.ca](http://www.portcolborne.ca)

# Classic Christmas

**Lindsay Costello  
For The Tribune**

Take a trip back in time as you experience holiday traditions of seasons past.

The Port Colborne Historical and Marine Museum's Grand Old Christmas Festival brings together old-fashioned elements that will give visitors a glimpse of how the holidays were experienced in decades past.

Stop by the King St. facility, located next to the Port Colborne Public Library, on Dec. 4 from noon until 4 p.m. to be a part of the 35th annual event.

"This year I want to start a family tradition," said Assistant Curator Michelle Mason, noting she has seen families come through over the years, which now bring their own children back to share in the fun.

Road the heritage village and partake in the various attractions, including \$1 horse drawn carriage rides, candle dipping, log sawing and branding, and card printing.

Santa Claus himself will be in the schoolhouse posing for photos by the fireplace while volunteers serve beverages at Arabella's Edwardian Tea Room, where pud-

ding and sauce will also be available to take home.

Roasted chestnuts, hot apple cider, caramel apples and sausage on a bun will tempt taste buds on the grounds.

The hundreds of visitors that are expected this year will be treated to the musical styling of school choirs and can even do some shopping at the book sale being held in the archival building.

"It's a really nice atmosphere," said Mason, who will help decorate the grounds with traditional elements such as evergreen boughs and berries. "It feels very Christmasy."

She will also set up a holiday-themed exhibit for viewing inside the main building entitled Christmas in the Country. The exhibit, which will remain on display until the 20th when the museum closes for the season, will showcase the resourcefulness and ingenuity necessary to produce a holiday experience before modern times.

Following the festival Arabella's will hold its annual pudding and sauce week from Dec. 5 to 10. Take a break from your holiday shopping and stop by between 2 and 4 p.m. for a treat for \$4 a serving.



## From our family to yours....

On behalf of members of City Council and City Staff, may I extend to you and your family best wishes throughout the Holiday Season.

Take the time for yourself, your family and friends and support each other throughout this wonderful time of year. As well, please support our local businesses as they support our community all year round.

Mayor Vance Badawey



## Our Community celebrates the Holidays together

Thank you to all the children who submitted Port Colborne Christmas art for the City's 2011 Christmas card. These five images were chosen. Congratulations to Desiree, Kathryn, Audrey, Alexandra and Rebekah who will be featured on the Mayor's Float in the Christmas Parade on December 3rd.



ALEXANDRA KLAUCK,  
Grade 6, St. Patrick School



AUDREY WILLOUGHBY,  
Grade 6, St. Patrick School



DESIREE MACEACHERN,  
Grade 6, St. Therese School



KATHRYN MULLINS,  
Grade 6, St. Patrick School



REBEKAH RIZZO,  
Grade 6, Dewitt Carter School

# Santa Claus is Coming to Town



Lindsay Costello  
For The Tribune

Although he won't be coming down the chimney until Christmas morning, Santa Claus will make an appearance in the lakeside city this Saturday.

Port Colborne's annual Santa Claus Parade kicks off on Dec. 3 at 6:30 p.m. and will

feature a variety of floats making their way through the streets.

"One of the joys of our parade is that it is a lighted evening parade," said Allaina Kane, Special Events Co-ordinator for the City of Port Colborne, of the unique element the tradition brings to the holidays. She also cites Santa's tugboat entrance, which is held prior to the parade at about 1 p.m., as a one-of-a-kind way to get a glimpse of jolly old Saint Nick.

The day actually starts much earlier than that with

the annual Lioness Club's Breakfast With Santa at the Lions Hall on Chippawa Rd. Seatings are at 9 am and 10:30 am for a pancake breakfast, including coffee or juice and a visit with Santa at the Lion's Hall. Tickets can be purchased at Tuck's Jewelers or from a Lioness.

At 1 p.m., Santa makes his official arrival in the lakeside city in a truly Port Colborne fashion - by tug boat.

Greeted by McKay School Choir, and heading down the Welland Canal in the J.W. Cooper Tugboat, Santa will disembark on West St. near the Harbourmaster's House. He will then make his way on foot towards Clarence St. where he will visit with children in the former Rossman's store. The Downtown Business Improvement Area association will provide attendees with festive goodies and hot chocolate while Port Colborne photographer Precious LaPlante offers photos with Santa for \$5 each from 1:30 p.m. to 2:30 p.m.

Although Santa's arrival will bring much excitement to the downtown crowd, the

festivities will have only just begun.

"It's a really well-attended event," said Kane of the parade, which brings together the whole community as everyone from businesses to community groups to viewers fill the streets and join in the holiday cheer.

She said that many families and individuals line the streets early, making the parade a part of their own traditions.

*Greeted by McKay School Choir, and heading down the Welland Canal in the J.W. Cooper Tugboat, Santa will disembark on West St. near the Harbourmaster's House*

The parade gets underway at Port Colborne High School where floats will begin travelling south on Steele St. before turning onto Clarence St. and heading towards historic West St. After heading south along the canal, the parade will take a turn down

Charlotte St. before concluding in front of City Hall.

Children can also visit with Santa at the Guild Hall following the parade and enjoy hot chocolate and Timbits.

Bundle up and head downtown as you celebrate the holiday season this weekend.

**Wishing everyone a  
safe & happy  
Holiday Season**

*The members and staff of the*



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## Little Caesars



**Lindsay Costello  
For The Tribune**

It's more than just pepperoni and cheese for Port Colborne's newest pizza joint.

Niagara Falls resident Denis Veillette has brought the Little Caesars franchise to the city. Upon his first visit, he said he knew he had come across a great location, sharing a space with Tim Hortons in the midst of the Port Colborne Mall parking lot.

Having opened in May, the store has received the support of the community.

"The city of Port Colborne is terrific," said Veillette. "We had the biggest grand opening in Ontario. It was unbelievable."

Veillette said the Hot-N-Ready pizza is the store's main draw at only \$5 for an eight-slice meal but customers also take advantage of the wide variety of pies on the menu.

Little Caesars carries everything from barbecue chicken to veggie to Hawaiian to suit the tastes of pizza lovers across the city.

The establishment is also well known for its chicken wings and breadsticks.

Stop by to enjoy a slice or order take out. Picking up dinner is made easy with the store being the first in the province to offer drive thru service.

Opening at 11 a.m. each day, the store's friendly staff is ready to serve you and satisfy your hunger.



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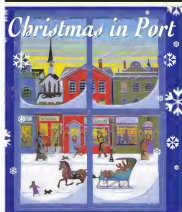
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## Remember Christmas?

Remember when Christmas was a time of wonder?

When you braved the cold between shops with an armload of unique gifts?  
Bumping into folks you hadn't seen forever... being good, for goodness sake?

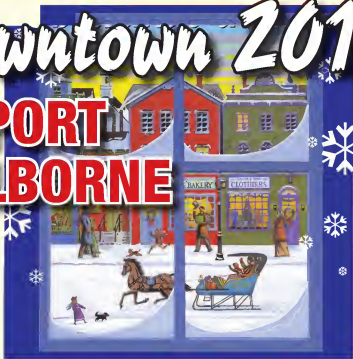
The City of Port Colborne wishes to invite you 'round for Christmas this year, because as much as Christmas has changed in other places, things are pretty much the same here as they were back in the good old days...

Visit [www.portcolborne.ca](http://www.portcolborne.ca) for full list of events and activities



# Downtown 2011

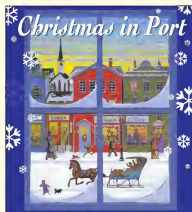
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SATURDAY  
9-6

SUNDAY  
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# Something Else

Lindsay Costello  
For The Tribune

Breathe new life into your style staples with the latest fashion craze.

Something Else offers upcycled fashion and accessories in an environmentally conscience way to update your wardrobe.

Owner Gail Todd is the face behind the new store, which opened in June on the corner of Clarence and West St. and also features art and décor.

"I have always been interested in art and unique things," she said, adding that her opening a store with an artful combination was the perfect combination.

The new twist on recycling spreads throughout the store with everything from clothing to jewellery to accessories laid out for easy browsing.

Upcycling is something Todd said she admires, enjoying the clever way items are combined to make new products and notes it is a big industry that is becoming increasingly more popular.

When selecting products to feature, Todd only makes room for one of each item to ensure shoppers will be the only one in town sporting the unique pieces.

Some of the wares included reconstructed sweaters, handmade scarves, car upholstery purses and belt buckles made from skateboards.

Billed as a gallery boutique, Something Else both fits in and stands out among the boutiques and stores on historic West St.

With roots in the city, Todd has made connections with various local artists and creators and is able to work with them to add to the store's selection. She also selects products from a wholesale retailer when it comes time to restock.

She visits the wholesaler once every four to six weeks, so there is always something new to be seen as the inventory is always changing.

"It's a one-of-a-kind store for one-of-a-kind people," said Todd.

*It's a one-  
of-a-kind  
store for  
one-of-a-kind  
people*



## Picture with Santa!

**Boggio Pharmacy**

**Friday, December 2<sup>nd</sup>, 2011**

**6pm -8pm**

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# Doug Swartz Appliance Expert

Lindsay Costello  
For The Tribune

With more than 30 years in the service industry, the Swartz family is ready to assist residents with their appliance needs.

"We're family owned and operated to cater to the needs of local families," said Owner Doug Swartz, adding the store carries products to suit every lifestyle.

Offering competitive pricing in comparison to the big box retailers, the family store stocks all major household appliances at its Killaly St. location, including top brands such as Frigidaire and Whirlpool.

Following the grand opening in

April, the Swartz family has made use of the spacious facility and has seen much growth as many people have been choosing to shop locally.

"The business is definitely growing," said Store Manager Debbie Swartz.

The shopping experience doesn't stop at the cash register. Doug Swartz Appliance Expert also offers installation and servicing after the product makes it out the door.

Debbie Swartz is busy planning an end-of-the-year event and will bring festive spirit and savings to the store for four days beginning Dec. 7 as a way of celebrating the

season with customers.

They will also give back this year by collecting non-perishable food items for the Port Cares Reach Out Food Centre in exchange for a chance to win a freezer donated by Frigidaire.

Interested buyers can stop by the store to browse or pick up one of the quarterly flyers to see what they have to offer.

With a variety of options, the store aims to go the extra mile for its customers.

"After the sale, it's the service that counts," said Doug Swartz.



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# Candy Safari

Lindsay Costello  
For The Tribune

Embrace your inner child as you browse the shelves of Candy Safari.

Sweet treats are on display as Owner Mike Hopper works to take customers on a trip down memory lane with classic and unique items that aren't always available in the big-box stores.

The store designed for the kid in you is visited by adults and children alike and features a wide variety of products to satisfy any sweet tooth.

Having owned four Candy Safari stores previously, Hopper was presented with the opportunity to open another after relocating his family to the lakeside city.

With its grand opening in March,

the store is now a part of the shopping experience on historic West St.

"I wanted to put the fun back into candy and confectionery," he said, having played up the store's safari theme with fun decorations and bright colours that bring about a whimsical atmosphere.

"My feeling was to take people back to their childhood," said Hopper of the nostalgic feel he hoped to create with shoppers who will be able to lose their inhibitions and relax in a fun atmosphere.

While the shop focuses on sweets, there is more to this store than just chocolate. Tea, coffee and ice cream can be enjoyed in store while making use of the seating provided.

Hopper also offers a selection of local products, representing compa-

nies based in Wainfleet, Fenwick, Dunnville, Crystal Beach and Niagara-on-the-Lake as well as items imported from across the pond.

For his first Christmas on West St., Hopper has made gift giving easy by preparing about two hundred gift baskets to celebrate the season.

Also new this December is the theme party room located on the second floor. Children can choose a theme and bring their friends to the staff-monitored area to enjoy their special day. For more information on this service, contact the store.

Candy Safari is a unique confectionery experience that offers something for the kid in all of us.

"It doesn't matter if you're eight years old or 80," Hopper said. "Everyone loves candy."



## The Gathering Nest

Lindsay Costello  
For The Tribune

One wardrobe's castoffs are another fashion lover's treasure.

Search the racks at the Gathering Nest for unique fashion finds or clean out your closet in hopes of making some extra cash.

The consignment and gift shop sells top quality merchandise for a fraction of the retail price while helping customers recycle and save money in this economy.

Owner Debby Harrietha said shoppers could enjoy an out-of-the-ordinary shopping experience when they stop by. Taking a closer look could lead to the next big fashion find as visitors are free to try on pieces and mix and match styles.

"Somebody can like it as much as you did," said Harrietha of the items that are dropped off at the Clarence St. store.

While the racks are home to a variety of clothing pieces, the store also carries accessories, jewelry and other

artful items.

Having opened this past May, the store has already seen much success.

"It has far exceeded what we anticipated," said Harrietha, adding shopping at consignment stores is a popular concept and there is opportunity to find trendy pieces.

Update your wardrobe this winter or find a gift for the fashion lover on your list with the Gathering Nest.

*Shoppers could enjoy an out-of-the-ordinary shopping experience when they stop by*

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FREE 5x7 Photo  
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*Sensations*  
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# Going out with a bang

Lindsay Costello  
For The Tribune

Ring in the New Year with family and friends this month as you attend the annual CASCO and Friends Kidz New Year's Eve Carnival.

Beginning at 2 p.m. on Dec. 31 and ending with a fireworks display at 6 p.m., the public is invited to the West Side Arena for a variety of family-friendly activities to kick off 2012.

The free event will provide four hours of fun for all ages. Bring your skates for some free ice time or immerse yourself in endeavors such as

face painting, cookie decorating and games.

The afternoon will also feature a shoot out competition, a mad scientist presentation and the CASCO Fructose Stand.

Closing out the event will be a fireworks display, which will take place over the baseball diamonds next to the arena.

"We're really lucky to have the community support," said City of Port Colborne Special Events Co-ordinator Allaina Kane of the choice residents make to celebrate in the city.

Start the New Year off on the right foot with CASCO and Friends.

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PORT COLBORNE

CITY OF PORT COLBORNE

## PUBLIC NOTICE

### COMMITTEE OF THE WHOLE/COUNCIL MEETING FOR THE MONTH OF DECEMBER

One regular meeting will be held on **Monday, December 12th, 2011 at 6:30 p.m. at City Hall Council Chambers, 66 Charlotte Street, Port Colborne.**

### FREE METERED PARKING FOR THE MONTH OF DECEMBER

To promote and encourage shopping in the downtown core and at the Port Colborne Farmers' Market, motorists may park free at any meter in Port Colborne for the month of December.

### PLEASE NOTE:

All other parking infractions will be strictly enforced.

- Parking in handicapped zones without a permit
- Parking in fire routes
- Parking in prohibited areas (loading zones, corner restrictions)
- Parking blocking a driveway
- Parking over the time limit in 1 and 2 hour zones etc.

### CHRISTMAS / NEW YEAR HOLIDAY CLOSING

Please be advised that City Hall will close for the holiday season on **Friday, December 23rd, 2011 at 4:30 p.m.** and will reopen at **8:30 a.m. on Tuesday, January 3rd, 2012.**

The City Works / Parks Yard will be closed **December 26th and 27th, 2011** for Christmas Day and Boxing Day.

Emergency calls throughout the closure will be handled in the usual fashion by calling **835-5079** (24 hour service).

### FARMERS' MARKET

During the month of December, the Farmers' Market will be held from 7:00 a.m. to 1:00 p.m. on the following dates:

- Friday, December 2, 2011
- Friday, December 9, 2011
- Friday, December 16, 2011
- Friday, December 23, 2011

Commencing January 6th, 2012, the Market will be held on that day and every Friday thereafter from 6:30 a.m. to 1:00 p.m.

Ashley Grigg, City Clerk

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## ■ FORKS RD.: Speed an issue on road

# Fatal crash triggers request for farm vehicle signs

DAVE JOHNSON  
InPort News Staff

WAINFLEET — In light of a tragic crash at the beginning of the month, Ald. Richard Dykstra is looking for signage to alert people of active farm areas in Wainfleet.

"The big thing is education ... a sign that says this is an active farm area," Dykstra

said, adding a resident brought forward concerns after the collision.

On Nov. 1, a 38-year-old Selkirk, Ont., woman died when her van collided with the rear end of a combine on Forks Rd. Both vehicles were travelling westbound at the time of the collision, which was shortly after 7 p.m. Two boys in the van, aged 10 and 13, were

injured, as was the driver of the combine, a 49-year-old Wainfleet man.

Dykstra, who lives on Forks Rd., asked what options the township has for signage for Forks Rd., which is a regional road.

Mayor April Jeffs and director of operations Greg Wuisman both said Niagara Region has its own sign shop

and could make whatever design Wainfleet requested.

Wuisman said regional staff would have to approve any signs for Forks Rd.

Ald. Ted Hessels said Haddam County has large-sized signs warning of slow-moving vehicles.

Hessels feels the signs would be needed only for regional roads in the township.

"I don't think municipal roads would be a problem.... It's the high-traffic roads that are the problem," said Hessels,

adding residents in the township are aware of farm vehicles travelling slowly during various harvest times.

While Forks Rd. is posted 80 km/h, people routinely speed down the stretch between Hwy. 58 and Hwy. 3

at Chambers Corners. Other roads that could be a concern include Regional Rds. 24 and 27.

Jeffs said she and Wuisman will meet with Joe Cousins, Niagara Region's transportation services division director, to discuss the sign issue and figure out what can be placed on the regional roads in the township.

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**LIGHT & CRISPY BATTER!**  
• The irresistible taste of part-skim mozzarella cheese  
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454 g/1 lb  
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MADE WITH SOLID ALL-WHITE CHICKEN BREAST  
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• Kiwi • Florentine • Swiss  
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M&M MAX CUSTOMERS RECEIVE A FREE BOX OF LINDOR CHOCOLATES WITH A PURCHASE OF \$50.00 OR MORE. (ON ANY ONE-STOP M&M'S STORE. ONE BOX PER CUSTOMER WHILE QUANTITIES LAST)

All prices in effect **FRIDAY, DEC. 2, to THURSDAY, DEC. 8, 2011.** unless otherwise stated.

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**SENIORS DISCOUNT CERTIFICATE**

■ **EDUCATION:** Special high skills major students get real world practice in Wainfleet

# Lakeshore students build skills at Jericho House

**EDDIE CHAU**  
InPort News Staff

WAINFLEET — Measure twice and cut once.

It's the advice Brother Bill Carrothers of Jericho House gave Lakeshore Catholic High School students Tyler Dekker and brothers Andrew and Kevin Susin as they spent much last Tuesday at the Wainfleet-based youth and adult retreat priming and painting some 500 metres of baseboards.

"It's a lot of work," said Kevin Susin. "It's a new learning experience for us. We've

never really learned (about construction) outside the classroom before. There's only so much theory can teach you."

The students are enrolled in the special high skills major construction program offered at Lakeshore. As part of a partnership between Jericho House and the school, students will spend this week painting baseboard and floor trim then work on landscaping in spring.

Carrothers, treasurer of Jericho House's board of directors and an onsite administrator, said the partnership

began this past summer when Lakeshore visited Jericho House to attend a youth leadership retreat.

"(Tech teacher) Tino Nuccitelli was here and asked whether the students could do some work here," Carrothers said. "They offered to do the landscaping work as well as the trim and baseboard work for the great hall and bedroom wing. The work has been exceptional."

Carrothers said the students get good exposure with real world experience while lending their support back to Jericho House.



EDDIE CHAU Staff Photo

Lakeshore Catholic High School student Andrew Susin closely inspects the baseboard trim he just painted to ensure no spots are missed. Students are working at Jericho House in Wainfleet through the special high skills major construction program.



**PORT COLBORNE**  
Office of the Mayor

*You're invited*

*The City of Port Colborne  
will be holding a  
Naming Ceremony for the  
Health and Wellness Centre*

*on*

*Thursday, December 8<sup>th</sup>  
at 11:00 a.m.*

*in the Parking Lot adjacent to the  
Elizabeth Street Site*

*Everyone is welcome to attend.*

  
Vance M. Badawey

**THE ROBERT WOOD SINGERS with the WOOD KIDS**

*Present a show for the whole family*



**"COOKING UP CHRISTMAS"**

Sunday, December 4 – 2:30 p.m.  
Centennial Secondary School, Thorold Road, Welland  
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■ **TAXES:** Council to meet again Monday

# Port Colborne budget talks start with 4.46% tax hike

MARYANNE FIRTH  
InPort News Staff

PORT COLBORNE — A 4.46% tax levy increase was the jumping-off point for Port Colborne's 2012 budget deliberations, which began last Wednesday night.

A draft 2012 budget was presented by staff to council containing a 4.46% increase to taxpayers — though it's still early in the budgetary process and numbers are expected to fluctuate.

Councillors spent the evening going through the budget package and reviewing both operations and capital costs.

Included in the draft budget is \$30,000 for the new health and wellness centre for operating costs city staff expect to incur when the new facility is commissioned in October or November.

The funds will cover the transition period between when the new facility is

opened and Westside Arena is officially closed, said Peter Senese, director of community and corporate services.

Also included in the draft is \$42,000 for a facilities programmer who would begin with the city in April.

"Our mandate is to get the new facility up and running with programs to its fullest," said Senese.

A full-time staff member would be required to bring



Senese



Heil

various programs to the city's many facilities such as the new centre, marina, Roselawn Centre and various sports fields throughout Port Colborne.

The goal is to offer a "robust menu of activities" that cannot be found anywhere else in the region, said Mayor Vance Badway. The more programs that are available, the more likely the centre will be booked solid once it's opened, said chief administrative officer Bob Heil.

And having the facility booked will result in less cost to taxpayers through user fees, he added.

"It's better to start before hand than when we're open and running."

Though details on the centre's grand opening have yet to be decided, Senese said it will be done at minimal cost with no addition for the event needed in the 2012 budget.

See BUDGET | page 16

## MRS. CLAUS IN THE PARK

Free event by the  
**GATEWAY BIA**

Friday December 2<sup>nd</sup>  
AT 6:30pm  
Lock 8 Park Pavillion

- Letter writing
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## ■ BUDGET

# City should be able to recoup some costs

FROM PAGE 15

Changes were, however, recommended for the tax levy to fund one-time request initiatives.

Senese recommended a minimum amount of \$200,000 be added to the

levy for one time request initiatives, which in the past have been funded by Port Colborne Hydro Inc.

These funds will not be available in 2012, as the sale of PCH to Canadian Niagara Power will be finalized on April 15. Prior

to the April closing date, the city will have accumulated some funds that will go toward annual grant requests and administrative costs to wind down hydro's operations.

The city should be able to recoup some costs once

its services audit, which begins in January, is completed, Senese said.

The audit will look at core and non-core services to determine where cost-saving measures can be applied.

There may be levels of

service council will want to reduce," Senese said, adding much of the 2012 budget could depend on results of the audit.

Once the audit is complete, council can determine where money can be moved to be used more

efficiently, he said.

The next budget meeting takes place Monday, Dec. 5, beginning at 5:30 p.m. in council chambers.

[mfirth@wellandtribune.ca](mailto:mfirth@wellandtribune.ca)

Twitter: @mfirthTribune



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■ SKYDIVE BURNABY

# Illegal trailers for employees ordered removed

DAVE JOHNSON  
InPort News Staff

WAINFLEET — Skydive Burnaby must remove illegal trailers from its property after township council also decided not to allow the construction of 18 buildings measuring 8.28 square metres each to replace the units used by seasonal employees.

Township planner Grant Munday said staff looked at Skydive Burnaby's proposal to build the units and various zoning and property standard bylaws and found they are not permitted.

The units, Munday said, would need to be equipped with plumbing, a bathroom and a kitchen to comply, and those would not fit in such small quarters.

"In order for council to consider the proposal it would have to lift its interim bylaw," said Munday, adding he consulted with the town's legal staff on the issue.

If council were to allow the units to be built, it would send the wrong message to others in the township, he added.

A number of bylaws could be amended to allow for the units, but that, too, would fly in the face of what council

is trying to achieve with its new zoning bylaws. It would also cost the applicant, Skydive Burnaby, a minimum of \$12,300.

"My recommendation is they remove the trailers as guaranteed in 2003 and look at the bunkhouse agreed to back then ... and that council not open up this issue any further," said Munday.

He said the company, owned by Mike and Tara Pitt, could look at housing employees in alternate locations in the township, including Jericho House, local motels and the campground at Long Beach. Or they could look at building the once-agreed-to bunkhouse.

Ald. David Wyatt asked if the Pitts could build the bunkhouse in modular form to save them some money.

Munday said that is possible if the trailers are removed, but he didn't know if there would be a cost savings by doing the bunkhouse in stages.

"The main issue is they have to get rid of the trailers and then comply with the bylaws," he said.

Ald. Betty Konec asked about a section of the bylaw the planner had in his report regarding the bunkhouse, which would house 20 people.

"Would they be required to have two

bathrooms and two showers?" Konec asked.

Munday said yes and added the zoning only permits a bunkhouse that can house 20 people.

Munday said a Nov. 17 deadline to

have the trailers removed has passed and the township could seek legal action to have them removed. A court order could be issued and any costs associated with their removal would be borne by Skydive Burnaby.

Cindy Adams, who lives next to Skydive Burnaby, addressed councillors last Tuesday and urged them to have the trailers removed and not grant the Pitts any more extensions or exemptions.

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#### Publication Date

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Dec 23  
Dec 24  
Dec 26  
Dec 27  
Dec 28  
Dec 29  
Dec 30  
Dec 31  
Jan 3

#### Word Ad Deadline

Dec 20 at 1 p.m.  
Dec 21 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 23 at 10 a.m.  
Dec 23 at 10 a.m.  
Dec 27 at 1 p.m.  
Dec 28 at 1 p.m.  
Dec 29 at 1 p.m.  
Dec 30 at 10 a.m.  
Dec 30 at 1 p.m.

#### Display & Photo Deadline

Dec 19 at 1 p.m.  
Dec 20 at 1 p.m.  
Dec 21 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 22 at 1 p.m.  
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Dec 27 at 1 p.m.  
Dec 28 at 1 p.m.  
Dec 29 at 1 p.m.  
Dec 29 at 1 p.m.

### PELHAM NEWS & INPORT - word and display

#### Publication Date

Dec 23  
Dec 30

#### Deadline

Dec 16 at 10 a.m.  
Dec 23 at 10 a.m.

### CELEBRATIONS PAGE

#### Publication Date

Dec 24  
Dec 31

#### Deadline

Dec 19 at 1 p.m.  
Dec 27 at 10 a.m.

Tribune Office will be closed December 26, 2011 and January 2, 2012.

## inPortbrief

### BREAKFAST WITH SANTA

WAINFLEET — Santa will pay a visit to Wainfleet Arena's Moore Room on Saturday, Dec. 3 to take part in Wainfleet Ratepayers Association's pancakes with Santa breakfast from 9 a.m. to noon. Tickets \$5 per person and are available at Port Colborne and Wainfleet Libraries or contact Kelli Porcino at 905-834-1589. Mrs. Claus will be joining Santa and

Mayor April Jeffs will be there to take photographs with Santa and children from 9 a.m. to 10 a.m. The fee for photos is a non-perishable food item to be donated to Port Cares Food Bank. All proceeds will be used to purchase gift certificates for Wainfleet families in need.

There will also be door prizes at the breakfast and for further info or to donate a door prize, contact France at 905-685-6892.



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Creditors and others having claims against the above estate are required to send full particulars of such claims to the undersigned Lawyers on or before the 1st day of December, 2011 after which the estates assets will be distributed, having regard only to the claims that have been received.  
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TAKE NOTICE that all persons having claims against the estate are required to send to the under named, their names and particulars of their claims on or before the 10th day of December, 2011, after which date the estate will be distributed having regard only to the claims of which the Estate Trustees then have notice.

Dated this 17th day of November, 2011  
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**Apartment Unfinished A510**

2 BDRM, 5745 + hydro. Quiet, clean building with modern tenants on Woodview Dr. 905-300-2995

**Must See!**

**Must See!**

2 BDRM env't. now, located beside General Hospital on Plymouth Rd. \$600/mo. utilities incl. 1-800-424-6960 or 905-323-5002.

**2 BDRM newly renovated.** 2nd floor, quiet, well kept. 1200 Westdale Dr., Welland 905-738-0136

**Business/ Franchise Opts \$380**

**EARN UP TO \$28,000/HOUR** Undercover Shopper needed to judge & dining establishments. Experience Not Required. If you Can Shop. You Are Qualified! [www.shopyourcity.com](http://www.shopyourcity.com)

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## Coming Events



### Plymouth Public School's 4th Annual Christmas Charity Event

Plymouth Public School  
111 First Street Welland

Hosted by the Plymouth School  
Council (fundraising for our future)  
Time: **Saturday, December 3, 2011**  
10AM to 4:30PM

**Admission:** Donations are requested of  
healthy snacks for our nutrition  
programme or **Canadian Tire money**

refreshments will be available  
\* **PENNY SALE AND RAFFLE** \*

**RAFFLE:** 1st prize \$850 'Bon Appetit'  
Restaurant gift certificates throughout  
Welland;

2nd prize \$500 Family 'Staycation' in  
Niagara Falls;

3rd prize \$150 Christmas Dinner Basket.  
.. turkey and all the trimmings.

**HOME MADE BAKED GOODS AND  
SANTA TOU!!!**



The Classifieds are  
FULL OF SURPRISES!

Christmas In Memoriam

Remember your  
loved one this  
Christmas Season  
with an  
**In Memoriam.**  
Our special  
memoriam page  
will run on **Saturday,**  
**December 24, 2011.**

Call 1-866-541-6757  
or visit our office at **228 East  
Main Street, Welland, between  
8:30a.m. and 1:00 p.m. only,**  
**Monday thru Friday.**

**Deadline is no later than December 16th at 1:00p.m.**

Please be advised that all ads require prepayment

## Apartments A610

**TOWNHOUSE** Endicott  
Terrace, Welland, 3  
beds, acc cord, park-  
ing, \$795+hydro. 905-  
834-7547. (A610A9)

Classified Extra  
1-866-541-6757 (A610A9)

**Renew  
your ad in  
The  
Business  
Service  
Directory  
Keep your  
phone  
ringing  
1-866-541-  
6757**

**Look what's  
NEW!**  
Wheelchair  
Accessible Apt.  
2 Bdrm, spacious,  
ground floor, wide  
doorways, modified  
cabinetry, accessible  
applis, in-suite laundry  
hookups, Etc. Dec 15  
(May qualify for  
subsidy) Rob, 905-735-  
3455 (A610A9)

## Apartments A610

**YOUR PARENTS  
JUST SOLD  
THEIR  
HOME  
NOW WHAT?**

**CONCORDE  
PLACE**  
Of course.  
No more  
climbing stairs.  
No more  
mowing the lawn.  
No shovelling snow.  
Instead...  
A spacious  
apartment home.  
Security Freehold!

For a visit  
please call  
605-734-6197  
1554 Hager Street.

Classified Extra  
1-866-541-6757 (A610A9)

**Beautiful**  
ACROSS THE STREET  
FROM LONG BEACH  
2 BDRM, 2 bath,  
appls, gas fireplace,  
storage and private  
patio. Now avail. \$975  
utils. (905)862-9034.

Classified Extra  
1-866-541-6757 (A610A9)

**APARTMENTS A616  
East**  
PORT COLBORNE  
EAST 2-2 BDRM  
575/625 hydro no  
pets. Call 905-835-  
9307, leave message.

**Halls/  
Wedding Rentals**  
A645  
WELLAND OPTIMIST  
xmas, BDRY, Showers  
Etc. Up to 50 people.  
\$1175-3000. (A645A9)

**FOR ALL THE HOT  
DEALS**  
Check Out Classifieds  
You Never Know What  
You'll Find (A610A9)

**FURNISHED HOUSE**  
\$650 month plus  
utils, 6 month minimum.  
3 bedrooms,  
teach nearby, Heintz  
Romberg, Broker call  
direct 905-703-2186.  
Royal LaPegle Niagara  
Real Estate Centre  
Brokerage 905-888-  
4561. (A610A9)

## Houses A650

**CHECK IT  
OUT**  
3 BDRM LARGE 4plex  
58 Patches Ave. 15  
baths, full basement,  
disposal, air. \$750  
+utils/tenant Dec 1st.  
416-565-6779

**HOME**  
3 BDRM, new  
reno, appliance incl.  
\$750/wk Pl. Coborne  
New 467-525-9238

Classified Extra  
1-866-541-6757 (A650A9)

**1 Furnished Room.**  
No smoking, 1st/2nd/3rd  
Cafe/Bed/Bath \$270  
mth. (905) 788-3521

**Storage/  
Parking**  
A680  
**Look**  
SECURE TRUCK  
PARKING Hum-  
blyton Rd \$100/mo  
in hot 772-1822

Read it in the classifieds  
CALL  
1-866-541-6757 (A680A9)

**STORAGE:** Car, truck  
boat, trailer, (909-  
Dry, Concorde 959-  
1056 Walfrid

**General Employment**  
A600  
**ATTENTION  
READERS**  
classifiedextra.ca  
strongly recommends  
that readers never  
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ment or Job Oppor-  
tunity advertisements.

## Houses A650

**CALL NOW**  
RENT TO OWN 3 bdrm  
With garage, Bed credit  
no problem.  
1-866-222-0443 (A650A9)

Classified Extra  
1-866-541-6757 (A650A9)

Classified Extra  
1-866-541-6757 (A650A9)

**HELLO  
GORGEOUS**  
Now that we have  
your attention...  
just think what we  
could do for your  
advertisement!  
CALL  
classifiedextra.ca  
1-866-541-6757 (A650A9)

**HAIR STYLIST**  
Be your own boss, rent  
a chair, Welland, VIP  
Beauty Centre Call  
905-783-3215

**General Employment**  
A600  
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**NEEDED NOW - AZ  
DRIVERS + OWNER  
OPS** - Great career  
opportunities! We're  
seeking professional,  
safety minded Drivers  
and Owner Operators  
Cross-border and intra  
-Canada positions  
available Call Coleman  
Canada Kitchener 1-  
800-332-0514  
www.colecanada.ca  
m (A600A9)

**General Employment**  
A600  
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## General Employment A800

**DENTAL OFFICE** In Port  
Colborne is seeking an  
experienced hygienist for  
Mon, Tues, Wed  
starting Jan 2012.  
Newly renovated  
progressive, team  
oriented, patient  
centered practice. Min  
3 yrs experience.  
Please drop resume with  
reference to 304  
West Side Road, Port  
Colborne or email to  
westside.dental@gmail.com (A800A9)

Classified Extra  
1-866-541-6757 (A800A9)

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## Technical/ Trades A870

**Wanted!**  
**MECHANIC**  
Required immediately.  
Recreational vehicle  
and motorcycle  
technician with  
experience for busy  
3 yrs experience.  
Wages will reflect  
experience.  
Please email resume to  
buchi@  
buchi@westsideports.com (A870A9)

Classified Extra  
1-866-541-6757 (A870A9)

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1-866-541-6757 (A870A9)

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## Adult Personals A974

**FREE To Try!**  
1-866-732-0070  
LIVE GIRLS!  
Call 4011  
1-888-628-6780  
www.bondage.com  
You Chosell Live!  
1-877-544-0199  
www.bondage.com  
Hot Live Conversation!  
Call 4010 or  
1-877-590-0553 1p (A974A9)

Classified Extra  
1-866-541-6757 (A974A9)

Classified Extra  
1-866-541-6757 (A974A9)

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## Christmas and New Years Holiday Deadlines for the Sun Media Classified Network

### TRIBUNE

#### Publication Date

Dec 21  
Dec 22  
Dec 23  
Dec 24  
Dec 26  
Dec 27  
Dec 28  
Dec 29  
Dec 30  
Dec 31  
Jan 3

#### Word Ad Deadline

Dec 20 at 1 p.m.  
Dec 21 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 23 at 1 p.m.  
Dec 23 at 10 a.m.  
Dec 23 at 10 a.m.  
Dec 27 at 1 p.m.  
Dec 28 at 1 p.m.  
Dec 29 at 1 p.m.  
Dec 30 at 10 a.m.  
Dec 30 at 1 p.m.

#### Display & Photo Deadline

Dec 19 at 1 p.m.  
Dec 20 at 1 p.m.  
Dec 21 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 22 at 1 p.m.  
Dec 27 at 1 p.m.  
Dec 28 at 1 p.m.  
Dec 29 at 1 p.m.  
Dec 29 at 1 p.m.

### PELHAM NEWS & INPORT - word and display

#### Publication Date

Dec 23  
Dec 30

#### Deadline

Dec 16 at 10 a.m.  
Dec 23 at 10 a.m.

### CELEBRATIONS PAGE

#### Publication Date

Dec 24  
Dec 31

#### Deadline

Dec 19 at 1 p.m.  
Dec 27 at 10 a.m.

Tribune Office will be closed December 26, 2011 and January 2, 2012.



# The Healthy Cupboard

**Did you remember to take your Minerals today?**

## What are the most important nutrients for your health?

There's a lot of discussion about anti-oxidants, vitamin D, probiotics and Omega-3, and more. These are all important components for health but the most important nutrients are basic minerals.

Did you know that approximately two-thirds of your daily nutrient requirements are minerals? According to Dr. Joel Wallach, "The body requires 91 essential nutrients. This is made up of 60 minerals, 16 vitamins, 12 amino acids, and 3 fatty acids." If you've read one of Dr. Wallach's books, studied his research or attended one of his presentations, you'll know more on how minerals play a vital role in our health and well-being; and subsequently how a lack of minerals in our bodies can attribute to almost every disease.

*"The real world evidence I have collected during my travels leads me to an unshakable conclusion - I have observed that everyone is slowly dying or suffering from physical and emotional problems as a result of RAMPANT, WIDESPREAD AND UNRECOGNIZED DEFICIENCIES of three substances. Oxygen, minerals and clean oxygenated water! The observations are not concepts, but the absolute, the most basic elements necessary to life, health and to happiness."* (From Dr. Wallach's book: Rare Earths Forbidden Cures)

My name is Pam, I am a registered nurse from Alberta. When I was 27 and a mother of two toddlers I had a growth removed from my thyroid. The growth turned out to be benign however part of my thyroid was also removed during the procedure. I tried not to go on thyroid supplements but after one year I was forced to as I could not stay awake during the day. This was not safe with two young children in the house. I felt much better on thyroid medication but one side effect was black line staining on my teeth.



Three years ago I started taking herbal supplements for my thyroid and no longer needed to take medication. Last November after hearing Dr. Wallach I decided to try Youngevity minerals. I currently no longer need to take any herbs for my thyroid and only seem to need the plant minerals, essential fatty acids and a vitamin supplement. I have more energy and have had no colds this winter. It took about six months before I felt that I did not need to take the herbs as well as the minerals. Over the last three years on herbs and now the minerals I have lost about 25 pounds. I am very happy with how I feel and plan to continue the mineral supplementation.

## Why would one product obtain so many results?

The answer is found by understanding the problem. Most diseases are a result of a mineral deficiency. For example, Vanadium is just one of many minerals required for a healthy body. According to the University of British Columbia Medical School, vanadium alone will replace insulin in adult onset diabetics, which represent 85% of all diabetics. Of course they can't quit their insulin cold turkey. It takes at least 4 to 6 months for most people to slowly wean off of insulin. If they are taking in adequate amounts of chromium and vanadium. Diabetes is a disease of leptin signaling and insulin storage not a disease of blood sugar though it does raise blood sugar levels.

We have to trace it all back to the cause and effect. The cause, meaning an improper diet and a lack of certain trace minerals like chromium and vanadium, and then the effect which is a high count of glucose (sugar) in the blood. Ken B. living in Regina, SK, writes:

*"I was a type two diabetic with blood sugar levels as high as 24. I have tried everything to stabilize my blood sugar levels, nothing seemed to work. I heard a talk by Dr. Wallach in Regina and I thought I would give the Youngevity minerals products a try. Within 72 hours of taking the products my blood sugar levels were at 6.5 and have been there ever since. The change in my quality of life and how I feel every day cannot be explained in words."*

The secret is a 100% natural organic source of 75 colloid minerals. You will not find a better product that contains more minerals, that is highly bioavailable. This means the particle size of the minerals are so small our body can absorb more minerals, faster. Canadians are noticing great results with more energy and less pain by taking approximately 1 ounce per every 100 lbs of weight each day. Some people increase this amount at the start if they are seeking immediate health benefits.

This product will improve the performance of your daily nutrition and supplement programs. Minerals work with your other nutrients such as vitamins, amino acids and essential fatty acids. It increases the absorption of all vital nutrients, which in turn helps these nutrients work better. Plant Derived Minerals has been shown to help enhance bone density, energy levels, improve intestinal health, strengthen muscles, teeth, hair, skin and nails and improve immune function to name a few benefits. Plant Derived Minerals increases energy and reduces pain within days. Give it a try today!



Endorsed by Dr. Joel Wallach, BS, DVM, ND Naturopathic Doctor, Best Selling Author  
Plant Minerals is available at fine Canadian health food stores.



**CUSTOMER APPRECIATION DAY**

**WILD WEDNESDAY  
DECEMBER 7, 2011**

**OPEN LATE ON CUSTOMER DAY 9:30 - 7pm**

**20% off**  
**SUPPLEMENT PRODUCTS**  
Non Sale Items Only

**15% off**  
**BODY CARE PRODUCTS**  
Non Sale Items Only

**10% off**  
**FOOD PRODUCTS**  
Non Sale Items Only

**TWO LOCATIONS!**

**PORT COLBORNE 101 CLARENCE STREET**

(Across from Food Basics)

**905 835.9806**

**FONTHILL 111 HIGHWAY #20 EAST**

(Across from Sobeys)

**905 892.9054**

**Tanya and Ian Birrell**  
Owners of The Healthy Cupboard

**healthycupboard@gmail.com**